NEWS ADVISORY

Katie McCamant Phone: 530-478-1970 HYPERLINK "mailto:kmccamant@cohousingpartners.com" kmccamant@cohousingpartners.com

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Tired of shoveling snow, but want to stay in the Sierras? Wolf Creek Lodge Cohousing offers new options for pro-active adults

Wolf Creek Lodge in Grass Valley is the result of a group of pro-active adults creating their own caring and supportive cohousing neighborhood with a dynamic balance of private homes and community living. The project has just started construction, but there are already 21 member households, ranging in age from 55 to 87, involved in creating the 30-unit community.

On **Thursday, April 28, 6 pm** Nevada City Architect Katie McCamant and members of Wolf Creek Lodge will be will host an presentation in Truckee about on cohousing in general and Wolf Creek Lodge specifically. Members of the Lodge will talk about their individual experiences and why they've decided to downsize and move to this walkable, sustainably-built neighborhood.

Many long-term residents of the Sierra's find the mountain lifestyle can be challenging as they age. Wolf Creek Lodge members didn't want to leave their beloved Sierra's but weren't satisfied with the housing options available as they looked to downsize from their single-family homes. For instance, Butch and Virginia Thresh own their current home on 15 acres near Nevada City. Both are avid bicycle enthusiast, and Butch typically rides 75 miles a week. Butch taught special education at an alternative high school in Nevada City before retiring. Virginia moved to Nevada City in 1967 and worked at a Quaker boarding high school for many years. Speaking for both of them, Virginia says, "Moving to Wolf Creek Lodge gives us an opportunity to downsize and simplify our lives in addition to living in a supportive community as we age."

This wooded site is 7.9 acres bordered by year-round Wolf Creek. Nearly half of the property will be preserved as natural habitat with woods, trails and views, and is walkable to shopping, grocery stores, and restaurants. It has been designed by green award winning architect, Charles Durrett of McCamant & Durrett Architects to meet the needs of active adults who are seeking a way to live and age in a supportive and vibrant community.

All private homes will be energy efficient and built with non-toxic materials using ecologically sustainable practices. Careful consideration has been made for the local climate, natural daylight, and optimal solar orientation. The Lodge has underground parking and elevator access and will include generous common facilities with dining, lounge, guest rooms and other amenities such as workshop and hot tub.

For more detailed information on Wolf Creek Lodge, visit their website at HYPERLINK "http://

www.wolfcreeklodge.org" <u>http://www.wolfcreeklodge.org</u>. The April 28th event is free but space is limited, so call 530-478-1970 or email HYPERLINK "mailto:info@cohousingpartners.com" info@cohousingpartners.com to reserve a space.

Thursday, April 28, 6 pm-7:30 Community Recreation Center, 8924 Donner Pass Road Truckee, CA FILENAME FL Press Release Coho Assoc Broadcast News 101208 short version.doc Page PAGE 2 of NUMPAGES 2